A vertical spring will also execute simple harmonic motion, though its mean position will be modified by the balance of the gravitational force and the spring force.
SHM as a function of time

These animations [http://www.animations.physics.unsw.edu.au//jw/SHM.htm] from phsclips show the form of displacement, velocity and acceleration of an object in SHM as a function of time.

Equations of motion for SHM

Starting from Newton’s 2nd Law

\[ ma = \Sigma F \]

\[ m \frac{d^2x}{dt^2} = -kx \]

Based on our previous observations we might guess that the displacement will be able to be expressed as trigonometric function of time.

\[ x = A \cos(\omega t + \phi) \]

\( A \) is the amplitude, \( \omega = \frac{2\pi}{T} = 2\pi f \) and \( \phi \) allows us to change the starting point of the motion.

\[ \frac{dx}{dt} = v = -\omega A \sin(\omega t + \phi) \]

\[ \frac{d^2x}{dt^2} = a = -\omega^2 A \cos(\omega t + \phi) \]

\[ -m\omega^2 A \cos(\omega t + \phi) = -kA \cos(\omega t + \phi) \]

which is true if
\[ \omega^2 = \frac{k}{m} \]
\[ T = 2\pi \sqrt{\frac{m}{k}} \]

Energy in SHM

There is a wikipedia page on multiple springs [http://en.wikipedia.org/wiki/Series_and_parallel_springs] which has a detailed explanation of the effective spring constants of springs in series and parallel. The key result is that for springs in parallel
Simple Pendulum

The restoring force above is \( F = -mg \sin \theta \)

For small angles \( \sin \theta = \theta \) so \( F \approx -mg\theta \)

and using the relation \( s = l\theta \) gives \( F \approx -\frac{mg}{L} s \)

This is essentially the same as \( F = -kx \) with \( k = \frac{mg}{L} \)

So \( \omega = \sqrt{\frac{k}{m}} \rightarrow \omega = \sqrt{\frac{g}{l}} \)

\( f = \frac{\omega}{2\pi} = \frac{1}{2\pi} \sqrt{\frac{g}{l}} \)

\( T = \frac{1}{f} = 2\pi \sqrt{\frac{l}{g}} \)

The Physical pendulum

Any object attached at a point which is not at it’s center of gravity can act like a pendulum.
For a small angle which is of the form required for simple harmonic motion with and as 

The Torsion pendulum

A torsion pendulum has a restoring force provided by a torsion spring. You might remember that such a device was used to measure the gravitational constant.

The torque provided by the spring is

\[ \tau = -K \theta \]

\[ \frac{d^2 \theta}{dt^2} = -K \theta \]
so a torsion pendulum can execute simple harmonic motion \( \theta = \theta_{\text{max}} \cos(\omega t + \phi) \) with \( \omega = \sqrt{\frac{K}{I}} \)

### Damping

Real oscillations do not continue for ever but decrease their amplitude over time, this is due to damping [http://en.wikipedia.org/wiki/Damping], where energy is lost during the oscillation, usually due to air resistance or friction.

The damping force opposes the motion and can sometimes be approximated as proportional to the speed

\[
F_{\text{damping}} = -bv
\]

Newton's second law gives us

\[
ma = -kx - bv
\]

or

\[
m \frac{d^2x}{dt^2} + b \frac{dx}{dt} + kx = 0
\]

The solution to this equation is of the form

\[
x = A e^{-\gamma t} \cos(\omega' t)
\]

where

\[
\gamma = \frac{b}{2m} \quad \text{and} \quad \omega' = \sqrt{\frac{k}{m} - \frac{b^2}{4m^2}}
\]

Depending on the ratio between the damping coefficient and restoring force, a system will display either underdamping, overdamping or critical damping [http://upload.wikimedia.org/wikipedia/commons/f/fd/Damping_1.svg].

Damping can be introduced in a metallic pendulum can by electromagnetic induction.

### Driven harmonic motion

If we subject an oscillator to an oscillatory force

\[
F_{\text{ext}} = F_0 \cos \omega t
\]

the equation of motion is

\[
ma = -kx - bv + F_0 \cos \omega t
\]

or

\[
m \frac{d^2x}{dt^2} + b \frac{dx}{dt} + kx = F_0 \cos \omega t
\]

A solution to this equation is

\[
x = A_0 \sin(\omega t + \phi)
\]
where

$$A_0 = \frac{F_0}{m\sqrt{(\omega - \omega_0)^2 + b^2\omega_0^2/m^2}}$$

$$\phi_0 = \tan^{-1} \frac{\omega_0^2 - \omega^2}{\omega_0 b/m}$$

This is the steady state solution, there is also transient term which decays to zero with time.

When the driving frequency is close to the natural frequency of the oscillator the system is in resonance [http://en.wikipedia.org/wiki/Resonance]. Damping is important in determining the maximum amplitude of a driven oscillator [http://upload.wikimedia.org/wikipedia/commons/0/07/Resonance.PNG].

**Examples of resonance**

Barton’s Pendulum [http://www.youtube.com/watch?v=kODOL-Q8zSM]

Breaking a glass with sound [http://www.youtube.com/watch?v=17tqXgvCN0E]

Millenium Bridge [http://www.youtube.com/watch?v=eAXVa__XWZ8]

Tahoma Narrows Bridge [http://www.youtube.com/watch?v=j-zczJXSxnw&NR=1&feature=fvwp]

**Coupled Oscillators**

When two oscillators have resonant frequencies close to each other and are coupled they can transfer energy backwards and forwards between each other.

We can say that the oscillation at any time is a superposition of the normal modes [http://en.wikipedia.org/wiki/Normal_mode] of the system. In the case of two coupled oscillators the two normal modes are out of phase and in phase oscillation.

We'll come back to normal modes and superposition several times when we look at standing waves and sound in the next few lectures.